

# ANDREW COHEN HOUSE



## NEWSLETTER



AUGUST EDITION 2020

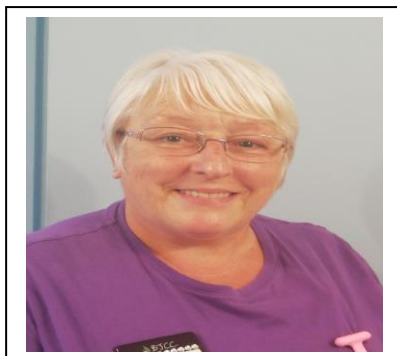
BIRMINGHAM JEWISH COMMUNITY CARE

We would like to welcome you to the August edition of our newsletter. We hope you will enjoy our newsletter, find it informative, enjoyable, and useful as to what is happening within the home.

### MEET THE STAFF SAY

HELLO TO:

Lynda Pearce



My name is Linda, I am a real Birmingham girl, I have lived in Stirchley all my life all sixty-one years! I have been a carer at Andrew Cohen House for seven and a half years. Before coming to Andrew Cohen House, I worked in retail and domestics

I have loved my time working here and still do to this day which I hope shows through. I like to have a laugh and a joke with residents and staff alike. I have a good sense of humour, a lot of patience, empathy and understanding which I feel is essential in my role as a carer. Last year I was elected to become staff representative, a role I was proud to take on and enjoy. As well as my daily duties as a carer I also assist with the hosting on a regular basis.

Outside of work I am always busy, I love to spend time with my family which includes my six grandchildren aged five to nineteen years of age, they keep me on my toes but I wouldn't have it any other way. I also care for my brother which due to the present situation with covid has been a major part of my life.

Family is a very important to me and that is why I enjoy working at Andrew Cohen house and enjoy my work so much because the residents I care for, their families and friends have become like an extended family and that is what I feel is special about Andrew Cohen House.

### THIS MONTH IN HISTORY

1900 Coca Cola is sold for the first time in Britain.

1926 Britain's first set of electric traffic lights appear on the streets of London

1962 Marilyn Monroe was found dead in her bedroom

1963 Britain's Great Train Robbery – £2.6 M stolen from Royal Mail.

1977 Elvis Presley Dies of Heart Attack

1989 Sky TV Launched UK

1997 Princess Diana and Dodi Fayed are killed in a car crash in Paris

### DATES FOR YOUR DIARY

**9<sup>th</sup> August** – Rice Pudding Day

**13<sup>th</sup> August** – Left Handers Day (be proud)

**20<sup>th</sup> August** - Naomi Entertains our Residents

**26<sup>th</sup> August** – National Dogs Day

**31<sup>st</sup> August** – Bank Holiday



## EVENTS

This month the weather was on our side as both residents and staff gathered in the garden to enjoy the glorious sunny weather and an afternoon of entertainment by Phil Sayer who is very popular with our residents, so it was a pleasure to see so many residents attend, it was a full house as they say. Residents and staff all joined in singing along to many of the songs as well as singing some decided to have a little dance as they took to their feet.



It was clear to see all present genuinely enjoyed the afternoon, as well as the singing and dancing there was lots of chatting and laughing go on as everyone not only enjoyed the entertainment but also each other's company whilst also enjoying afternoon refreshments.



Videos of this event starring our truly talented residents singing along with Phil Sayer can be seen on our facebook.

## ACTIVITIES

July has been a busy month that has seen residents and staff enjoy a variety of activities as well as each other's company. It has seen friendships grow stronger each day as we support each other through what are strange times, which have meant one and all have had to adapt to many changes and restrictions but this has not stopped us making the most of each day, having lots of fun and laughter on a daily basis.

All have enjoyed a range of activities from games, music and movement, quizzes, arts and crafts, flower arranging and pamper sessions which are as popular with the gentlemen as the ladies as well as making the most of every opportunity to enjoy our glorious gardens weather permitting.



Skittles is always a popular activity with all eager to show what they can do it, brings out the competitive side of many and causes a lot of laughter amongst those who participate. Residents also enjoy floor games which also helps them with co-ordination.



As well as various games we have also enjoyed arts and craft sessions and flower arranging which always proves to be a popular and enjoyable activity, as residents love to see the end product decorating our dining room tables, it is lovely to see the pride they have at their accomplishment of producing beautiful arrangements for every ones enjoyment.





## ACTIVITIES



Residents have continued to enjoy the OMI interactive projector programmes including sensory aspects as well as programmes which enhance co-ordination and memory. This activity is enjoyable for all residents no matter what their capabilities which is clear to see from their facial expressions as they use it.



During the month we have enjoyed spells of amazing weather so have not hesitated in making the most of these days spending as much time as possible in the garden soaking up the sun, enjoying our lovely surroundings, relaxing and enjoying each other's

## RESIDENT OF THE MONTH

### SAY HELLO TO: Isle Schlesinger



Ilse was born on 21st March 1921 in the village of Brunen in the Lower Rhine region of Germany. Her father was a livestock dealer as were all his family before him. She talks often about a happy childhood. The thing that she looked forward to was when her many relations visited from Cologne or Bavaria. Being the youngest member of her family, she freely admits that she was spoilt, to the annoyance of her older sister Herta. The highlight of her childhood was a trip to visit relations in Nabburg in Bavaria. Sadly, her large family were all killed by the Nazis. Ilse enjoyed school but that came to an abrupt end in 1933 with the rise of Hitler. Only members of the Nazi party were allowed to teach. Her father took her out of school. Shortly after this she was apprenticed to a dressmaker, a friend of the family. Things were getting worse for the Jewish community in Germany, but the family hung on until Kristallnacht in November 1938. Plans were made to leave, they obtained "domestic servants" visas for Ilse, her sister, and her mother. but there was something wrong with her mother's papers, as a result she stayed behind with tragic results. So, Ilse and Herta came to England and were engaged in domestic service in Limpstone in Devon. She married Siegfried, also a German Jewish refugee in 1941. Siegfried was serving in the army, on his release in 1946 they bought a house in Quinton. They had two children, Peter, and Susan. Life was hard but they always managed to entertain the children. The highlight of the week was Sundays when they would pack a picnic basket and visit Clent. When the children were older Isle went to work at Lewis's then Rackhams. She served Tommy Cooper once and always remarked how he wasn't funny at all in the flesh! She was active in various refugee clubs and liked flower arranging classes. Susan sadly passed away in 1977 leaving a baby – David. So, Ilse and Siegfried were occupied bringing him up. Her son Peter moved to Israel so holidays would be in Israel visiting amazing places and spending time with the grandchildren. This was her greatest pleasure. She enjoyed the simple things, the countryside and picnics. On a rare occasion a glass of sherry. She is a quiet lady but always has a quick witty reply on hand to make you laugh. A true survivor and the matriarch of a grateful family that adores her.



## RESIDENTS BIRTHDAYS

### AUGUST

- 7<sup>th</sup> Paula Bennett  
 7<sup>th</sup> Bernard Librack  
 9<sup>th</sup> Thomas Butler  
 18<sup>th</sup> Frederic Simms  
 19<sup>th</sup> Mary Basham

#### SYMBOLS OF AUGUST:

Birth Stones – Peridot, Sardonyx, and Spinel

Flower – Poppy & Gladiolus

Zodiac Signs – Leo & Virgo



company listening to a variety of music and singing along to our favourite songs which seem to be those from the sixties as well as hits by the group ABBA. whilst also enjoying refreshments or participating in gentle exercise or music and movements sessions. Being in the garden seems to bring a broad smile to the faces of all, both residents and staff.



We definitely have a few sun worshipers at Andrew Cohen House.

## ACTIVITIES



Our pamper sessions have been very popular this month as the ladies are now really starting to miss visiting the hairdresser, so as well as having their nails done they have also enjoyed the opportunity to have their hair and makeup done which has given many a real boost as who doesn't love a pamper now and then.



If you would like to see more of the fun been had by Residents and staff please check out our Facebook page Birmingham Jewish Community Care, where you will see more photos and videos to make you smile.

## QUOTE OF THE MONTH

August was nearly over - the month of apples and falling stars, the last care-free month for the school children. The days were not hot, but sunny and limpidly clear - the first sign of advancing autumn.



Victor Nekrasov (1911- 1987)

## THE MONTH OF AUGUST

August is the eighth month of the year in the Julian and Gregorian calendars, and the fifth of seven months to have a length of 31 days.

It was originally named Sextilis in Latin, it was renamed in honor of Augustus the Roman Emperor because many of the important events in his life happened around this time of the year.

August is the busiest time for tourism.

Anglo Saxons called this month weod monath (weed month) because in the month weeds and other plants grow most rapidly.

It is said 'if the first week of August be warm, the winter will be white and long'.



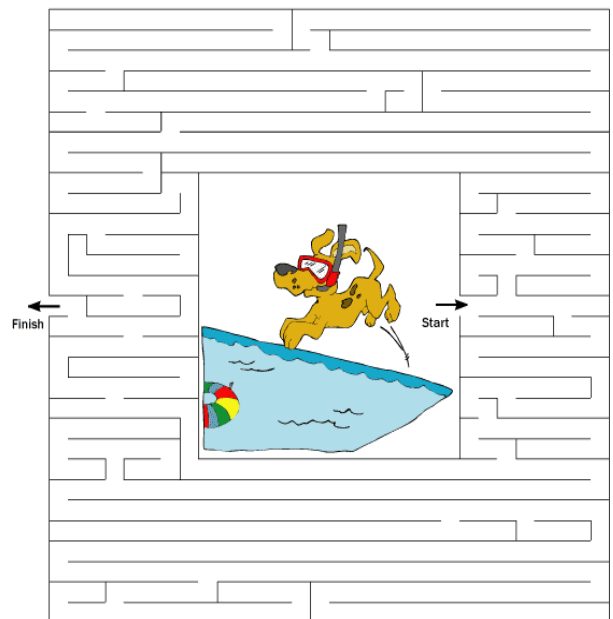
Find these words in the puzzle. Words are hidden → and ↓.

AUGUST  
BALL  
BEACH  
CAMP  
FRIEND  
HOT  
ICE CREAM

JULY  
KIDS  
OUTSIDE  
PLAY  
POOL  
SUNNY  
WARM



# AUGUST



We would like to thank you all for your support, kindness, and generosity that you continue to give us. Having people like you with us during these unprecedented times gives us the strength to carry on.

Stay Safe, Stay Happy  
From all at  
Andrew Cohen House

We hope you have enjoyed reading this month's newsletter. Please feel free to make any suggestions of topics or events you would like to be included in future newsletters.

If you would like future copies of the newsletter sent via e-mail please do not hesitate to contact me directly with your details at [Jhanvey@bhamjcc.co.uk](mailto:Jhanvey@bhamjcc.co.uk) (Julie Hanvey, Senior Activities Co-ordinator)